

## PLANNING FOR YOUR TEEN'S PARTIES / CELEBRATIONS

**Did you know** that alcohol is the number one drug of choice of America 's youth? **Did you know** that alcohol kills more teens than all other illicit drugs combined? **Did you know** that the average age of first use of alcohol is now **11** years-old?

## TIPS FOR PARENTS WHO ARE PLANNING PARTIES FOR PROM TIME, GRADUATION, OR ANY OTHER TYPE OF CELEBRATION:

- Discuss the guest list and any concerns your child may have
- Establish firm ground rules and expectations before the party and ask your child to communicate them with his/her guests before the event
- Limit the number of invitees (by invitation only) and the number who actually attend. Do not allow uninvited guests to attend
- Know the ages of partygoers and how they know your child
- Make it clear to guests that alcohol, tobacco and other drugs are not allowed and be sure to provide plenty of snacks and non-alcoholic beverages
- Have sufficient chaperones to monitor the area and partygoers

- Define an area; do not allow partygoers in other areas (e.g. bedrooms, garage)
- Monitor the party area frequently, as well as areas that are off-limits to guests
- Restrict entry and exit areas to deter guests from bringing in contraband
- When a guest leaves, do not allow him or her to return. This will discourage guests from leaving to drink or take other drugs and later return under the influence
- Establish a signal that your child may use if he or she needs help
- Set a beginning and ending time for the party
- Determine whether the guests will include both underage people and adults. If both adults and underage youth will be present, decide whether the party areas should be separate
- Place your valuables, weapons, alcohol and breakable objects in a secure area
- Establish an area for coats and bags that can be closely monitored